



## Vision/Mission Statement

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The Surgical Center of the Rockies is committed to delivering the highest quality patient care in an ambulatory surgical setting.

The Surgical Center of the Rockies uses state of the art equipment and technology combined with a highly skilled and compassionate staff to deliver this care in a cost-effective manner to Colorado Springs, its surrounding communities and the Western region.

Our team is dedicated to maintaining a personalized health care environment that produces the finest clinical outcomes, highest customer service and patient, surgeon and employee satisfaction.



## Our specialty surgical services:

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- Orthopedic Surgery
- Podiatric Surgery
- Plastic Surgery
- Pain Management

Surgical Center of the Rockies, LLC is licensed as a multispecialty ambulatory surgical facility. Additionally, the center is Medicare Certified and Accredited by AAAHC. The center upholds the highest standards for care and safety of our patients through the professional services of our dedicated team. The clinical team specializes in Orthopaedic surgery, Podiatric surgery and reconstructive/plastic surgery. Our comprehensive approach deploys the best nursing care with the highest level of anesthesia services and finest surgeons.

If you have any questions concerning your care prior to or following your procedure, please do not hesitate to call us at: 719-418-4244

## We are located at...

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2446 Research Parkway, Suite 100  
Colorado Springs, CO 80920

## Contact Us

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**719-418-4244 Main Line**

719-418-4264 Fax

## Directions

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### From I-25:

Take the Briargate Pkwy exit, (Exit 151)

Turn right on Chapel Hills Drive,

Left on Research Parkway,

Then turn left into The Center.

Our building is next to the Fire Station.

The entrance is on the WEST side of the building. (Facing the mountains)

**2446 Research Parkway  
Suite 100  
Colorado Springs,  
Colorado 80920  
719-418-4244**

## **PATIENT CHECKLIST**

Call your insurance provider prior to service so you are aware of what your benefits are.

Speak with a pre-op nurse at Surgical Center of the Rockies 1-2 days before your surgery to review all important items concerning your care.

Expect a call from one of our customer service representatives to discuss your financial responsibilities

### **\* Things to remember on your day of service..**

Driver's License or Photo ID

Insurance Cards

Method of payment

Remove all jewelry

A ride home (Must be 18 or older)

Wear loose clothing

Reading glasses (if needed)

# How to prepare for the day of surgery

## PRE-SURGERY DIET

- ***DO NOT eat or drink anything other than Regular Gatorade or Regular Powerade after midnight the night before your surgery.***
- ***DO NOT drink any Gatorade or Powerade after 4 hours prior to your scheduled ARRIVAL time.***
- ***Drink one 20 oz Regular Gatorade or Regular Powerade with lunch and one with dinner the day prior to surgery.***
- ***You may drink a 3rd 20oz bottle of Regular Gatorade or Regular Powerade up until 4 hours prior to your scheduled ARRIVAL time.***
- ***This is needed to ensure a safe anesthetic and prevent cancellation of your surgery and will assist with improved hydration and recovery on your surgical day.***
  - No alcohol consumption or recreational drug use 24 hours prior to surgery
  - These recommendations apply to healthy patients who are undergoing elective procedures.
  - The fasting periods noted above apply to patients of all ages.

*The admission refreshment area (coffee, etc.) will be clearly labeled with caution reminders for patients having surgery NOT to eat or drink preoperatively.*